

No images? [Click here](#)



## Parenting newsletter June 2020



**Welcome**

Welcome to the [Parenting across Scotland](#) (PAS) newsletter. The Coronavirus crisis and lockdown has changed life beyond recognition for all of us, creating huge difficulties for families and those who support them. This newsletter pulls together some of the key information for practitioners working with families. Not all the news is about Coronavirus, we have included articles about lone parents, the Changing Lives Initiative ADHD app and a policy update.

## Coronavirus

### Parenting across Scotland information for families

We have updated the Coronavirus section of our website to help keep families informed as guidance and resources change. The pages cover [Official health guidance - what families need to know](#); [Work and benefits](#); [Staying at home](#); [Play and learning at home](#) [Looking after yourself and your family](#); and [What's happening in your local area](#).

### Lives in lockdown - parents' accounts

Parenting across Scotland has been collating stories from parents and carers about what it's like for [families living in lockdown](#). We've been creating a record of what's happening to families and talking to the Scottish Government about what families need.

### Parents survey

Parents' organisation, Connect, has just [launched its latest survey](#) which asks parents about the plans to re-open schools and nurseries in August.

## Children's survey

Since the start of the lockdown the Children's Parliament has been [engaging children aged eight to 14 in a conversation](#) about their experiences of the virus and of lockdown.

## Scottish Government guidance for practitioners

The Coronavirus has meant that the Scottish Government has needed to issue a wide range of new guidance for all sectors. There is new guidance for the general public, for education and those working with children, for healthcare workers and for housing. All the new guidance can be found on the [Scottish Government's Coronavirus hub](#).

## Public Health Scotland COVID-19 Early Years Resilience and Impact Survey

Are you a parent / carer of a child aged between 2 and 7 years old?

Public Health Scotland would like to ask you about your experiences of life at home during the COVID-19 pandemic and how this may have affected the health and wellbeing of your family.

The survey should only take 10-15 minutes to complete. This will help us to understand more about the health and wellbeing impact of Covid-19 on younger children in Scotland. Your feedback can help to ensure that children's services can best respond to families' needs when they re-open.

[Please click here](#) to take part and find out more about the survey. **It closes on 6 July.**

# Research, practice and policy

## Research

### Lone mothers' employment and their children's well-being

Dr [Francesca Fiori](#) from the University of Edinburgh used data from [Growing Up in Scotland](#) to investigate the role of maternal employment on the socio-emotional [wellbeing of children living with a lone mother in Scotland](#).

## Practice

### What actually is ADHD? Giving facts and support to families

The Changing Lives Initiative (CLI) was developed to try and fill the gap of suitable parent [interventions for children with suspected ADHD](#).

### It's all about relationships

The film, a collaboration between Barnardo's Scotland and Public Health Scotland, highlights practical examples and tips that education staff can build into their everyday practice to [support positive relationships with young people](#).

### Wellbeing Learning Resource for Children and Young People

The wellbeing resource will help teachers and practitioners consider and address pupils' experiences and feelings during lockdown. It will support them when planning pupils return and will enable pupils to reflect, recognise, value, and make sense of what they have experienced.

## Policy update

[Check out our June 2020 policy update](#) for a round-up of recent policy issues, including the incorporation of the UNCRC, Children (Equal Protection from Assault) (Scotland) Act, the Care Review and Early Learning and Childcare update and guidance.

### General Data Protection Statement (GDPR)

- Parenting across Scotland manages the distribution list for these emails.
- We use Campaign Monitor to store your information and send these emails.
- The distribution list contains the following data: first name, last name, email address and other optional data such as job title and location that you gave when signing up.
- You can unsubscribe from this list at any time or update your details if they change. If you have any questions or concerns about how we use your personal data, please contact us.



E: [aclancy@childreninscotland.org.uk](mailto:aclancy@childreninscotland.org.uk)

**You are receiving this email because you signed up on the Parenting across Scotland website.**

[Preferences](#) | [Unsubscribe](#)

