



Parenting newsletter October 2019



Welcome

Welcome to the [Parenting across Scotland](#) (PAS) newsletter. Whether you work directly with families or on policies which affect them, it will keep you up to date

with what's happening in parenting across Scotland.

You can also find resources for parents and carers, and practitioners, on the [Parenting across Scotland website](#).

Challenge Poverty Week

Families in Scotland are caught up in a rising tide of poverty, with single parents and families affected by disability disproportionately affected. Tens of thousands of households whose lives are restricted by poverty – and across the country poverty is increasing for the first time in two decades. Families are having to make choices between putting a meal on the table and paying fuel bills. This has to change if we truly want Scotland to be the best place to grow up in.

Next week is Challenge Poverty Week and PAS will be joining forces with Poverty Alliance and many other organisations across Scotland to highlight how poverty is affecting people in Scotland and what we can do about it. We'll be publishing a blog every day next week about how poverty is affecting families in Scotland. You will be able to [read our blogs at on our website](#) and follow our social media @scotparents using hashtag #ChallengePoverty

Policy update

Check out our [October 2019 policy update](#) for a round-up of recent policy issues, including the incorporation of the UNCRC, Out of School Care consultation and the Children (Equal Protection from Assault) (Scotland) Bill.

UNCRC incorporation

[This article](#) is an update on incorporation of the United Nations Convention on the Rights of the Child (UNCRC) and its role in supporting parents and families.

GIRFEC update

[Update on Scottish Government's decision](#) to withdraw the Children and Young People (Information Sharing) (Scotland) Bill and to seek to repeal Parts 4 and 5 of the Children and Young People (Scotland) Act 2014.

Supporting families: a rights-based approach

A seminar from Parenting across Scotland and Home-Start Scotland on the importance of taking a rights-based approach to ensure that all families across Scotland can access services and are supported without judgement or stigma. The Scottish Government is currently consulting on the incorporation of the UNCRC into Scots Law and organisations must consider how to incorporate children's rights into their work.

Speakers: Shelagh Young, Director, Home-Start Scotland; Judith Robertson, Chair, Scottish Human Rights Commission; Dr Morag Treanor, Professor of Child and Family Inequalities, Heriot-Watt University and Clare Simpson, manager, Parenting across Scotland.

You can [view the event report and presentations](#) on our website.

Mental Health and Wellbeing Service

[One Parent Families Scotland's new Mental Health and Wellbeing Service \(MHWS\)](#) has evolved to complement the historical services that OPFS has offered single parents across Scotland.

Buggy walks

[Buggy Walks](#) are health walks for parents and guardians and their babies. They provide a range of benefits including social interaction, physical activity and emotional, peer support.

Every day is a new day

Encouraging creative expression is a key element of participation. [This project](#) supported young mums to use heritage to share their voices and experiences in a way that was unique to them.

Events

[The Children in Scotland annual conference](#) for those working in the children's sector, is taking place on 6-7 November 2019.

[Our calendar lists events](#) that may be of interest to people working with parents and families.

Resources for practitioners

New resources added to [this section](#) include [Improving Gender Balance and Equalities](#) resources and research for practitioners and [Improving children and young people's understanding of their wellbeing](#) - a resource for teachers and practitioners working with children and young people.

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