



Parenting newsletter December 2018



Welcome

Welcome to the [Parenting across Scotland newsletter](#). Whether you work directly with families or on the policies which affect them, it will keep you up to date with what's happening in parenting across Scotland.

You can also find resources for parents and carers, and practitioners, on the [Parenting across Scotland website](#).

How do we better support families in Scotland?

This newsletter is dedicated to looking at how [families in Scotland are supported](#), what organisations provide and what difference their services make to families who are facing difficult times.

Invest in relationship-based whole-family support (Parenting across Scotland)

Parenting across Scotland call for [investment in relationship-based whole-family support](#).

Families in Scotland are increasingly struggling to meet children's basic needs (CPAG Scotland)

Families with children are struggling every day, [but it doesn't have to be like this](#).

The importance of a home (Shelter Scotland)

Social housing, despite moves by the current Scottish Government to build more, is often not an option as decades of under-investment has left [council housing stock severely depleted](#).

Specific needs for families when someone goes to prison (Families Outside)

[The impact of imprisonment on families is a hidden issue](#), with key professionals often unaware of it and unsure of how to support families in this situation.

Good work supports the whole

What does family support mean for

family (Working Families)

It's not all just about money, families need time too, if they are to thrive.

[But for too many parents family time is stolen by work.](#)

families affected by addiction? (Scottish Families Affected by alcohol and Drugs)

In contrast to a deficit model which sees families affected by alcohol and drugs, [SFAD sees the whole family as an asset.](#)

Parenting a disabled child (Contact)

Parents of disabled children and young adults know only too well the level of extra support they need to access the [same choices and opportunities as their peers.](#)

For the sake of the kids (Relationships Scotland)

Bringing up children is one of the toughest challenges anyone can face. Throw a divorce or separation into the mix, and it all becomes much more difficult, [especially for the children.](#)

The reality for single parent families (One Parent Families Scotland)

Welfare reform, the benefit cap, the two-child benefit policy, austerity,

Supporting adoptive families (Scottish Adoption)

While becoming a new parent is life-changing for everyone, [becoming an adoptive parent](#) although positive

precarious and low paid employment, fuel poverty and a shortage of affordable housing and childcare all contribute to [parents struggling for stability](#).

and rewarding, demands a different set of parenting skills that aren't always intuitive or learned from family members.

Supporting parents with learning disabilities (Aberlour)

[Parents with learning disabilities](#) are at least twenty times more likely to have their children taken into care as a result of being assessed as unable to meet an adequate standard of parenting. Meanwhile, only two per cent of children across Scotland are looked after or are on the child protection register.

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