



## Parenting newsletter September 2018



### Welcome

Welcome to the [Parenting across Scotland](#) **newsletter**. Whether you work directly with families or on the policies which affect them, it will keep you up to date with what's happening in parenting across Scotland.

You can also find resources for parents and carers, and practitioners, on the [Parenting across Scotland website](#).

## Policy

### Cost of a child

How much does it cost to raise a child to the age of 18? The recently published [Child Poverty Action Group report](#) shows how much families need for an adequate income.

### Scotland's Charter for a tobacco-free generation

[ASH Scotland is providing tips](#) and resources for practitioners and families to help create a tobacco-free generation by 2034.

### Policy update: Programme for Government

On 4 September the First Minister set out the Programme for Government 2018/19. It included commitments to incorporate the principles of the UN Convention on the Rights of the Child into domestic law, and to introduce the new Best Start Grant earlier.

[Read the full programme for Government 2018/19.](#)

## Practice

### New resources to help address the cost of the school day

The hidden costs of education in Scotland can stand in the way of

## News

### 25 Calls to change children's lives for the better

Children in Scotland is marking its 25th anniversary by [launching a](#)

some children's learning. The Child Poverty Action Group in Scotland and NHS Health Scotland have produced a [set of resources to help schools](#) mitigate the negative effects of extra school costs.

### **Parenting Apart - improving outcomes for children**

[Parenting Apart sessions](#) for parents help them develop an understanding about their children's experiences of separation and co-parenting.

### **Youth gambling: promoting awareness and prevention within families**

Fast Forward raise the [issue of gambling as a risky behaviour](#) that young people participate in but that's often overlooked.

[major campaign](#) focusing on the policy, legislative and societal changes needed to ensure children enjoy equality and experience their rights.

### **New Together website**

Together is delighted to announce the launch of its [new website](#) - packed full of information, news, events and resources on children and young people's rights.

### **Not Included, Not Engaged, Not Involved**

[Research](#) conducted by three leading charities into the experiences of autistic children in school finds that autistic children are much more likely to be excluded.

## **Resources**



## Free parenting classes and courses

We have updated our [parenting classes page](#). Information is provided by councils and health boards in Scotland who offer free parenting classes.



## Updated online safety page

We have updated our [online safety advice and information page](#) for mums, dads and carers. You can find really helpful advice about setting parental controls and privacy settings, talking to your child about their online behaviour and how to stay safe, cyberbullying, sexting and pornography. Information provided by [NSPCC Scotland](#) [Childnet International](#) [Click CEOP](#) [Internet Matters](#) and [Respectme Scotland](#).

### Children in Scotland annual conference 2018

Learn about and explore the challenges and opportunities facing the sector today, and meet with others from across the sector to plan improvements to your own services. [More information and booking details.](#)

### Supporting young parents: professionals forum 2018

The Pregnancy and Parenthood in Young People team from the Scottish Government would like to invite organisations and individuals working with young parents to the

### Families Outside conference 2018

This conference will look at childhood transitions and how we can work together to ensure that children are supported inside and outside of prison. [More information and booking details.](#)

Forum for Professionals 2018. [More information and booking details.](#)

## Upcoming events

Check out [what's coming up](#). If you are planning an event, [send us the details](#) and we'll post it on our website.



### General Data Protection Statement (GDPR)

- Parenting across Scotland manages the distribution list for these emails.
- We use Campaign Monitor to store your information and send these emails.
- The distribution list contains the following data: first name, last name, email address and other optional data such as job title and location that you gave when signing up.
- You can unsubscribe from this list at any time or update your details if they change. If you have any questions or concerns about how we use your personal data, please contact us.



f Like

Parenting across Scotland

Level 1

Rosebery House

9 Haymarket Terrace

Edinburgh

EH12 5EZ

Scotland

T: 0131 313 8816

E: [aclancy@childreninscotland.org.uk](mailto:aclancy@childreninscotland.org.uk)

**You are receiving this email because you signed up on the Parenting across Scotland website.**

[Preferences](#) | [Unsubscribe](#)

 Tweet

 Share

 Forward