



Parenting Newsletter June 2018



Welcome

Welcome to the [Parenting across Scotland newsletter](#). Whether you work directly with families or on the policies which affect them, it will keep you up to date with what's happening in parenting across Scotland.

You can also find resources for parents and carers, and practitioners, on the [Parenting across Scotland website](#).

Events

The Parenting across Scotland conference 2018 looked at the impact of austerity and welfare reform on families. You can view all [speaker and workshop presentations](#) on our website.



Policy

Policy update. We gave evidence to the Social Security Committee on the proposed regulations for the Best Start Grant. You can [read our briefing here](#).

Play not tests in Primary one . Sue Palmer, chair of Upstart Scotland makes the case for more [play and less testing in the early years.](#)

Practice

Early Learning and Childcare inclusion fund. The Scottish Government's [Early Learning and Childcare Inclusion Fund](#) is now open for applications.

'Share the joy' campaign promotes [shared parental leave rights for parents.](#)



Resources

A new resource for kinship carers. The Scottish Collaboration for Public Health Research and Policy [designed a set of tools](#) to improve the wellbeing of kinship carers.



Developing a new resource for relationships, sexual health and parenthood (RSHP) education. [Sign up and get involved](#) in producing this resource.

Top ten tips. We are delighted to announce that our [top ten tips](#) for:

- parenting teenagers
- starting high school, and
- sex, relationships and teenagers

are being reprinted. A big thank you to [Outside the Box](#) who are funding this work.



Open kindergartens

Parenting across Scotland, Children in Scotland and the Centre for Child Wellbeing and Protection at the University of Stirling are working together to [explore the development of a new model of early years provision](#) in Scotland.

Funded by a Winston Churchill Memorial Trust Travelling Fellowship, Clare Simpson, Parenting across Scotland manager travelled to Scandinavia to find out how families are supported through childcare and other universal family support services. You can read Clare's [article about open kindergartens](#) and the [full report](#) of her time in the Nordic countries.

Upcoming events

Children in Scotland annual conference 2018

Learn about and explore the challenges and opportunities facing the sector today, and meet with others from across the sector to plan improvements to your own services.

[For further information and booking details.](#)

Check out [what's coming up](#). If you are planning an event, [send us the details](#) and we'll post it on our website.



News

How does providing support for young families affect children's well-being?

Dr Alison Parkes from the MRC/CSO Social and Public Health Sciences Unit at the University of Glasgow highlights findings from a recent study using [Growing Up in Scotland](#) data to explore the [impact of support for parents on children's well-being](#).

Free parenting classes and courses

We have updated our [parenting classes page](#). Information provided by councils and health boards in Scotland who offer free parenting classes.

For more news and updates visit the [news section](#) of our website.

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