HOME SUPPORT

HOME SUPPORT (0-3 years)
Parenting young children can be really scary at times. If you are like most people, you suddenly realise you don’t know all the answers. The truth is no-one has all the answers when it comes to parenting but don’t worry there is help out there to support you.

WHAT DO HOME SUPPORT TUTORS DO?
Home Support Tutors from the Family Learning Team can reassure you (parents/carers) about the things you are doing right and will support you to discover how to help your child learn even more.

Working with parents/carers of children ages 0-3 years we will develop a learning plan that will benefit you and your family the most. This will involve visiting and supporting you in your own home and building on the skills and knowledge that you already have.

HOW WILL WE DO IT?
We can help by providing 1 to 1 learning support in a variety of topics based on your needs.
Here are some examples –
- Setting boundaries
- Sleep routines
- Building confidence in your parenting skills
- Bonding with your child
- Communicating with your child
- How your child learns – play and development
- Looking after yourself
- Increasing your self esteem and supporting you to attend further learning opportunities
- Giving clear, honest advice and guidance on a range of services

If there is something else you would like support with please don’t hesitate to contact us. If we can’t do it, we will find someone who can.

FOR PROFESSIONALS
Referrals are accepted from all agencies. If you are working with a family who requires support please get in touch with the team.

This document is available in various formats and languages
Please call 01224 764700
WHAT ARE WE ALL ABOUT?
Family Learning is learning which takes place among family members. It involves Mums/Dads/Carers learning with their children and with other Mums/Dads/Carers for the benefit of the whole family.

WHAT DO WE DO?
The Family Learning Team work in partnership with schools and other agencies to provide opportunities for Mums/Dads/Carers to become more involved in their children’s learning. Our aim is to encourage Mums/Dads/Carers to value the support they give their children on a day-to-day basis within their homes and the community. We currently work with Mums/Dads/Carers of children at primary school age.

HOW DO WE DO THIS?
(May - June)
AWAY DAYS are designed to help the new P1’s settle into school and allows the school staff and families to meet each other outside the school setting. A range of educational activities such as; t-shirt decorating, a bear hunt, a nature trail and cake decorating take place. Each family is given a welcome pack and a presentation on the services available to them.

FUNDAYS are designed to encourage Mums/Dads/Carers and children to take part in a fun and educational activity on a Saturday in their local area. These have previously included science, storytelling and pirate themed days.

I’M A PARENT…. GET ME OUT OF HERE!!
Parenting is one of the hardest jobs in the world which doesn’t come with a manual. Don’t panic, this 7 session course offers parenting skills and tips to positively enhance your role as a Parent/Carer.

CONFIDENCE AND ASSERTIVENESS
You are never too old to improve your confidence and assertiveness. This 9 session course will offer you the opportunity to gain skills and tips to break old habits, say ‘no’ and mean it, take a more assertive role in your everyday life and possibly change you forever.

MATHS & LANGUAGE FOR PARENTS
Do the words ‘can you help me with my homework fill you with dread?’ This 6 session course will show you how your child learns maths and language in school and how you are helping at home without even knowing it. So why not come along and join in because believe it or not maths and language can be fun. (Aimed at parents of children aged 3-8 years)

FAMILY STORYTIME
This 3 session course aims to build up your confidence in reading stories aloud to your child/ren and help develop an interest in reading.

THE CHALLENGE PROJECT
The Challenge Project is split into 3 sections:

CHALLENGE DAD
These are events where Dads/Male carers can actively engage in activities with young family members. These fun events encourage the Dads/Male Carers to support the children’s learning as well as supporting and identifying their own learning skills and needs.

CHALLENGE MUM
There are events where the Mums/Female Carers can actively engage in activities alongside other woman in a variety of ways.

FAMILY CHALLENGE
These are events that bring the family together to enjoy organised activities with other families.

TASTER SESSIONS
We can offer taster sessions in areas such as budgeting, internet safety and messy play. We are always open to new suggestions so please don’t hesitate to get in touch with the team.