



# Parenting Newsletter March 2017



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## Welcome

Welcome to the **Parenting across Scotland** parenting newsletter. Whether you work directly with families or on the policies which affect them, it will keep you up to date with what's happening in parenting across Scotland.

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## IN OTHER NEWS

### Feedback

If you would like to submit an article for the **June 2017** issue please send it to [the editor](#) by 19 May 2017.

### Thanks!

Thanks to all those who contributed to this bulletin including:

John McAteer, Cheryl Brown, Nikki Slowey, Dr Emma Plant, Helen Miller, Andy Miller, Kerry McKechnie and Patrick Lowe.

### Editorial policy

The PAS parenting newsletter will include any copy that may be of

You can also find resources for parents and carers, and practitioners, on the [Parenting across Scotland website](#).

## Policy

### Need to boost workplace flexibility for the lower paid

**A report** by Family Friendly Working Scotland (FFWS) finds that parents with low earnings are more likely to be in jobs that don't offer flexible working options.

### Power to the Bump

**Power to the Bump** campaign from the Equality and Human Rights Commission provides practical information to young women about their rights at work.

### A registered childminder makes the ideal option for free childcare hours

Why are too few local authorities offering families the **option of childminding** for their funded ELC hours?

### Help to pay for childcare costs is changing

Find out how **universal credit is different to tax credits** in relation to childcare costs.

## Practice

interest to its readers in the PAS community. We will notify you if we are unable to include an item. Copy submitted for publication is accepted on the basis that it may be edited to ensure coherence within the publication. The views expressed by individual contributors do not necessarily reflect those of PAS.

## Contact

Let us know if there's anything you'd like to share in the next issue.

## Family learning centres in Midlothian

Cheryl Brown from Midlothian Surestart explains how Midlothian are moving towards transforming their surestart centres into **community family learning centre** hubs.

## Taking steps towards gender equality in the early years

Gender stereotypes are hard to recognise because we have been exposed to them our whole lives. Find out about the Zero Tolerance **'Just like a child' guide** to gender equality in the early years.

## Good practice in working with parents with learning disabilities

**Andy Miller explains** why many parents with learning difficulties find it very difficult to get the support they need to be effective parents.

## Resources

### Ready to Read

Find out about how the **new resource** from the Care Inspectorate helps inspectors to support all early learning and childcare services to promote early language skills.

## Research

**Understanding health behaviour in adolescence - A review of influencing factors**

Scottish Collaboration for Public Health Research and Policy and NHS Health Scotland have conducted a **literature review** to map what we currently know about how a range of factors influence health behaviour in adolescence.

## News

### The impact of Triple P in Glasgow

Previous evaluations of the Triple P parenting programme suggests the programme contributes to improved child mental health. **This evaluation** explores whether Triple P has had an impact on children's mental health during the implementation of the programme in Glasgow.

### Perinatal Befriending Support Service (Aberlour)

**Learn about the service** which supports expectant and new mums by pairing them with a volunteer befriender.

### New PAS website

The new, responsive PAS website is now live. We welcome any **feedback, comments or suggestions**.

## Events

### Universal credit and childcare

Universal credit is replacing the support that families get to pay their childcare costs through tax credits. This **CPAG in Scotland, One**

**Parent Families Scotland** and **Scottish Childminding Association** seminar will discuss what this will mean for childcare services and the families who use them. **For further information and booking details.**

**First impressions - positive support for families from the point of arrest**

This **Families Outside conference** will explore what can be done at the point of arrest to alleviate the impact of this distressing experience on families and children.

Check out **what's coming up**. If you are planning an event, **send us** the details and we'll post it on our website.

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