



Parenting Newsletter June 2016



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Welcome

Welcome to the **Parenting across Scotland Parenting Newsletter** for parenting practitioners. Whether you work directly or indirectly with families or the policies which affect them, it will keep you up to date with what's happening in parenting across Scotland.

• Resources

IN OTHER NEWS

Feedback

If you would like to submit an article for the **September 2016** issue please send it to [the editor](#) by 12 August.

Thanks!

Thanks to all those who contributed to this bulletin including Dr Marita Black, Marissa Costello, Rosanne Cubitt, Claire Hillson, Brenda Renz and Andrew Webb.

Editorial policy

The PAS Parenting Newsletter will include any copy that may be of interest to its readers in the PAS community. We will notify you if we are unable to include an item. Copy submitted for

You can also find resources for parents and carers, and practitioners on the [Parenting across Scotland website](#).

News

PAS has moved

Parenting across Scotland has moved. We are now based at the Children in Scotland offices, Level 1 Rosebery House, 9 Haymarket Terrace Edinburgh EH12 5EZ.

Tel: 0131 313 8816

Proud single parents

One Parent Families Scotland has launched a new campaign, **Proud single parents**, to challenge the stigma which single parents face.

Events

Child neglect

29 June 2016, Edinburgh

Holyrood conference exploring child neglect, its differing forms and the challenges in identifying it. Delegates will gain an understanding of neglect in a range of forms, learn about the challenges and hear about toolkits and practice which can help.

Check out [what's coming up](#). If you are planning an event, [send us](#) the details and we'll post it on our website.

publication is accepted on the basis that it may be edited to ensure coherence within the publication. The views expressed by individual contributors do not necessarily reflect those of PAS.

Contact

Let us know if there's anything you'd like to share in the next issue.

Policy

Childcare and employers

Childcare is high on the political agenda as a crucial issue for parents in determining how many hours they can work or even whether they're able to work at all. What doesn't get so much attention is just how vital childcare is to employers: without a pool of workers who have adequate, reliable childcare, businesses would quite simply not be able to operate. In an article for the Scotsman, PAS project manager, Clare Simpson, **argues that childcare should be high on the agenda** for businesses as well as for parents.

Policy update

Check out our **policy update** for a round-up of recent policy issues, including the programme for Government, Finnish baby boxes and new social security powers.

Parenting practice

Psychology of Parenting Project

In Scotland, approximately 10% of pre-school children show significantly elevated behavioural difficulties, which place their short and long term mental health and well-being at risk. The **Psychology of Parenting Project, PoPP**, led by NHS Education for Scotland (NES), aims to help multi-agency Early Years' Services deliver improved outcomes for these children and their families.

Parenting Apart

Parenting Apart information sessions help parents to make divorce or separation, or parenting when living apart, less stressful for children. More than 300 parents and their children have benefitted from participating in the sessions since they were launched in 2015. Funding from Scottish Government has allowed the sessions to be offered across Scotland by 11 Relationships Scotland Member Services.

Resources

Parenthood and Relationships Education Project (PREP) – WAVE Trust

WAVE's research highlights the crucial importance of the quality of parenting, and especially the impact of the pre-birth to pre-school period. WAVE Trust has **developed a toolkit for professionals** (Parenthood and Relationships Education Project) to support Scotland's future parents to ensure every child is raised in a safe and nurturing environment, supported by positive parenting.

The Spark and relationship education

The Spark **welcomes WAVE's new toolkit**, Parenthood and Relationships Education Project, while recognising the need for skilled professionals to deliver the programme.

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