



Practice newsletter June 2015



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Welcome

Welcome to the **Parenting across Scotland Practice Newsletter** for parenting practitioners. Whether you work directly or indirectly with families or the policies which affect them, it will keep you up to date with what's happening in parenting across the UK.

Feedback

If you would like to submit an article for the September 2015 issue please send it to [the editor](#) by 7 August.

Thanks!

Thanks to all those who contributed to this bulletin including Susan Galloway, Alan McGinley, Fiona Munro, Mary Ross-Davie, Clare Simpson, Nikki Slowey and Jackie Walker.

Editorial policy

The PAS Practice Newsletter will include any copy that may be of interest to its readers in the PAS community. We will notify you if we are unable to include an item. Copy submitted for publication is accepted

Events

PAS conference: Creating Loving Relationships

If you missed the PAS 2015 conference, Creating Loving Relationships, but would like to hear the speakers or attended and want to hear the speakers again, you can hear Suzanne Zeedyk, John Carnochan, John Coleman and others on the [PAS Youtube channel](#). You can also find a summary of the main discussions and speaker presentations in the [conference report](#).

Parent Network Scotland: training

‘Parenting for All Programme’ practitioner award (accredited through Institute of Leadership and Management)

Dates: 6, 7, 12 and 13 August

Course to develop skills and proficiency in working with parents in an empowering way, in both group and one-to-one situations. The award will enhance professional and personal development while building leadership and facilitation skills. More information and booking: lornam@pns.org.uk

Check out what else is [coming up](#).

If you’re planning an event, [send us the details](#) and we’ll post it on our website.

News

publication is accepted on the basis that it may be edited to ensure coherence within the publication. The views expressed by individual contributors do not necessarily reflect those of PAS.

Contact

Let us know if there's anything you'd like to share in the next issue.

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Follow Clare

PAS manager, Clare Simpson, is now away on a Winston Churchill fellowship to find out how it's done in Scandinavia - flying to Gothenburg first and from there, a full itinerary in Sweden, Denmark and Norway. Her travel dates are 27 May to 3 July and she will be back in the office on 7 July. You can follow Clare on Twitter at [@claremsimpson](https://twitter.com/claremsimpson) or [@scotparents](https://twitter.com/scotparents)

Plaudits for Scotland's most family-friendly employers

Family Friendly Working Scotland announced the winners of its inaugural Scottish Top Employers for Working Families Awards in March. The awards celebrate progressive organisations which recognise that family-friendly and flexible working benefits employees and employers alike. SCVO won the first-ever PAS award for childcare.

Find out about the other winners.

Policy

Policy update

Check out our **policy page** for a round-up of recent policy issues, including the consultation on, and the PAS response to, guidance to the Children and Young People (Scotland) Act 2014; current Bills before Parliament, including enshrining the Scottish Welfare Fund in law; and a Private Member's Bill to support families affected by imprisonment.

Health inequalities, parenting and the third sector

‘Living in the Gap’, published by Voluntary Health Scotland, considers the role of the voluntary health sector in tackling health inequalities. VHS is now working on an associated programme of work.

Getting it right for two generations

A new report from NSPCC **‘Getting it Right for Mothers and Babies’**, written with Maternal Mental Health Scotland, is a call to action to address the gaps in community perinatal mental health services and prevent unnecessary suffering in families.

Resources

Relationships matter

When young people leave care, the transition can be fraught with difficulties which can continue well into adulthood, and even for life. Find out how IRISS is responding through the **‘relationships matter’** project.

Understanding and supporting maternal mental health

Developed by a multi-agency group, NHS Education for Scotland is publishing (July 2015) a free **e-learning resource** for anyone who works with pregnant women and new families or who works with women with mental health problems who may become pregnant.

Parenting practice

More parents looking for help for ante and post-natal depression

The **Bluebell PND counselling service** in Glasgow, run by CrossReach, has reported a large increase in self-referrals from parents (both women and men). The increase in self-referrals suggests that negative attitudes and fears about depression and anxiety may be changing.

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