



# Parenting Newsletter January 2016



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## Welcome

Welcome to the **Parenting across Scotland Practice Newsletter** for parenting practitioners. Whether you work directly or indirectly with families or the policies which affect them, it will keep you up to date with what's happening in parenting across the UK.

## IN OTHER NEWS

### Feedback

If you would like to submit an article for the March 2016 issue please send it to [the editor](#) by 15 February.

### Thanks!

Thanks to all those who contributed to this bulletin including Rosanne Cubitt, Emma Dore, Lesley Kelly, Clare Simpson, Phil Wilson and Shelagh Young.

### Editorial policy

The PAS Practice Newsletter will include any copy that may be of interest to its readers in the PAS community. We will notify you if we are unable to include an item. Copy submitted for publication is accepted

## Events

### Digital families: families and digital technology

26 February, Glasgow

The Centre for Families and Relationships digital families programme adds to the growing body of knowledge by providing opportunities to explore the increasing presence of domestic digital technologies within family life, and to debate both the benefits and pressures these technologies bring. Organised within three groupings: childhoods, family life, and older age and caring. [Event details.](#)

### Relationship first aid

The Spark is running '[relationship first aid](#)' training for early years practitioners between now and the end of March 2016.

Check out what else is [coming up](#).

If you're planning an event, [send us the details](#) and we'll post it on our website.

## News

### In the pink? In the red? Or in between?

Single parents and families living in deprived areas are feeling the pinch, suffering financially related stress and cutting back on food, heating and children's clothes, according to a [new study from PAS](#) which puts family finances across Scotland under the microscope.

on the basis that it may be edited to ensure coherence within the publication. The views expressed by individual contributors do not necessarily reflect those of PAS.

## Contact

**Let us know** if there's anything you'd like to share in the next issue.

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Edited by [Shirley Henderson](#)

## Policy

### Policy update

Check out our [policy page](#) for a round-up of recent policy issues, including GIRFEC, childcare, and Bills in Parliament.

### Health visiting: the new pathway

Phil Wilson describes the new universal health pathway for health visiting as a 'cause for celebration' in his guest blog for the Queens Nursing Institute Scotland. After over a decade during which most Scottish families with young children did not know who their health visitor was, there is now a policy commitment to personal continuity of care and regular universal access to preventive child development support in the very early years. [Read Professor Wilson's blog.](#)

## Research

### Ten years of Growing Up in Scotland

GUS celebrated its 10th birthday by launching two new research reports: comparing the experiences and outcomes of children in higher and lower income groups; and comparing the lives of the two groups of children as they approach their third birthdays. There is also a fantastic animation of the [GUS study](#).

### On the money? Family Nurse Partnership

A major [new research study](#) published in the Lancet questions the

benefit of Family Nurse Partnership, saying that it shows little benefit over care as usual (CAU) and is not cost effective.

### **Prison leavers and homelessness**

A new report from Shelter Scotland shows that families can help to break the negative cycle of **prison-homelessness-prison**.

## **Parenting practice**

### **New service for divorced and separated parents**

More than one in three children are likely to experience their parents splitting up before they turn 16. Relationships Scotland has launched a new free service, **Parenting Apart**, to help parents put their children first and cope with problems after separation.

### **Family-friendly working: the art of the possible**

Shelagh Young, former programme coordinator for Family Friendly Working Scotland, reflects on what she has learned about **family-friendly working**, and what makes it possible.

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