
As you arrive....

Please make yourself comfortable.

Write a little description of your expectations for this session onto a post-it and add to the wall.



**HOT
CHOCOLATE
TRUST**

Where is the love?

Thinking about what love looks like for professionals

IRISS and Hot Chocolate Workshop

Fiona Munro & Charis Robertson

Hello

Relationships Matter JAM

- Kibble
- Includem
- Care Visions
- Falkirk Council
- Hot Chocolate
- Young Scot
- CELCIS
- Who Cares? Scotland





IT FEELS
LIKE LOVE
IS THE
BIG FOCUS
FOR SCOTLAND
FOR 2015.

**HOT
CHOCOLATE
TRUST**



THE BEGINNINGS



THE COMMUNITY



THE APPROACH

I AM
HOT CHOCOLATE



A photograph of two women in an indoor setting, possibly a gymnasium, holding a large black sign with white text. The woman on the left has dark hair and is looking to the right with a playful expression. The woman on the right has red hair and is looking towards the camera. The sign they are holding reads "I AM HOT CHOCOLATE".

I AM
HOT CHOCOLATE

KIM
KIM



I AM
HOT CHOCOLATE

The image shows a young man with blonde hair, wearing a red hooded jacket and a black leather jacket, holding a large black sign with white text. The sign reads "I AM HOT CHOCOLATE". He is standing in a room decorated for an event. In the background, there is a large poster that says "HOT CHOCOLATE OPEN NIGHT WEDNESDAY 8TH FRIENDS & FAMILY WELCOME 10TH". There are also framed pictures of fingerprints on the wall and a collage of various items on the left wall. Another person is visible in the background, looking down.



A person with short brown hair and a black jacket is leaning over a table, writing on a black sign with white paint. The sign reads "I AM HOT CHOCOLATE". The background is a wall with various posters and a blue circular pattern on the right side.

I AM
HOT CHOCOLATE

OUR WORLD IS FULL
OF PEOPLE WHO QUESTION
WHETHER IT WOULD HAVE BEEN BETTER
HAD THEY NOT BEEN BORN.

WHEN WE DO NOT FEEL LOVED
BY THOSE WHO GAVE US LIFE,
WE OFTEN SUFFER OUR WHOLE LIFE LONG
FROM SELF-LOATHING AND DESPAIR.

HENRI NOUWEN



STORY TIME

Discussion



Activity



What is *love*?



How does this apply professionally?



What can we do together?



CARE COMPASSION SUPPORT
TRUST RESPECT SAFETY SECOND
CHANCES HELP UNCONDITIONAL
POSITIVE REGARD EMPATHY
CONGRUENCE HOLISTIC
DEVELOPMENT NURTURING
INDEPENDENCE GROWING
INTERDEPENDENCE RISK GROWTH
RECIPROCAL RELATIONSHIPS
IDENTITY VALUE BELONGING LOVE

Thank You



**HOT
CHOCOLATE
TRUST**