



Solihull Approach

multi-agency approach to
developing universal parenting
support



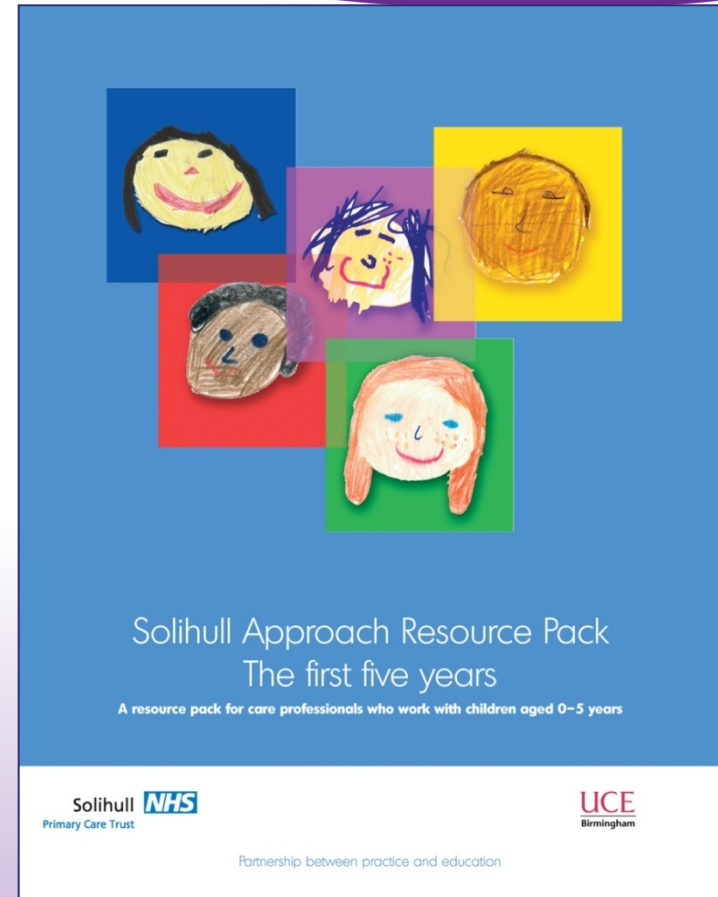
Focus Of Session

- Introduce the Solihull Approach
- Raise Awareness of Multi-Agency Approach Developed in East Ayrshire
- Highlight Suggested Way Forward
- View Attachment in Action
- Questions



The Solihull Approach

- Developed since 1996
- Focus on Preventative and Early Intervention Work
- Approach as opposed to Programme
- Training Available
- Supportive Resources





East Ayrshire
COUNCIL

THE SOLIHULL APPROACH



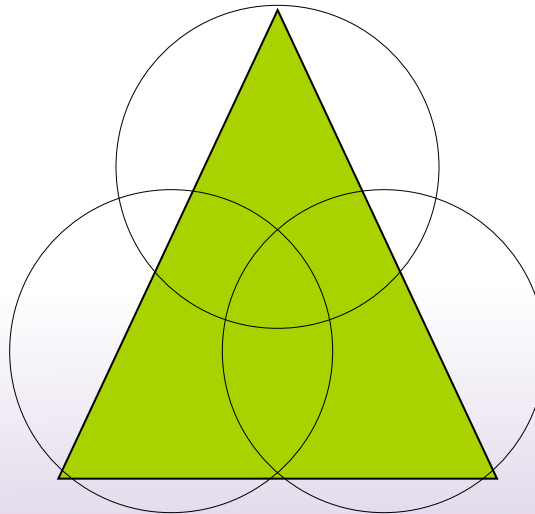
Containment

Psychotherapeutic



Reciprocity

Child Development



Behaviour Management

Behavioural Models



Containment and parenting



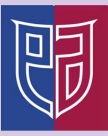
- Helps the parent to think about their child
- Helps parents and their child to relate
- Helps the parent to help their child cope with anxiety and emotion so that the child is free to relate



Reciprocity and parenting

- Tunes in the parent to think about their baby
- Increases the parents' awareness of their child's needs
- Helps parents and their child to relate
- Dance of Reciprocity





Behaviour Management

- A process whereby parents help their child learn self-control and social rules.
- Behaviour communicates something (feelings, needs)
- Sensitive and effective behaviour management is a product of containment and reciprocity therefore placed at the end of the process
- Customised to parent child relationship - secure attachment





Attachment and the Solihull Approach

- Relationship with primary caregiver
- Containment and reciprocity are the building blocks underpinning attachment
- Supports establishment of a secure base
- Child feels secure, loved, happy and confident.



Aim and Objectives

To improve opportunities “to build the capacity of individuals, families and communities to secure the best outcomes for children and young people”

(East Ayrshire Children and Young People’s Service Plan)

- Increase positive parenting skills across East Ayrshire
- Strengthen the levels of community contact and support for families
- Improved joint working between and across agencies



Methodology

- Mapping exercise and literature review - 2006
- Solihull conference
- Commitment from community planning partners
- Initial training – 2008
- Reflection days
- Staff evaluation
- Commissioned research
- Locality multi-agency training team – 2009
- 3 year roll out planned – 2010 onwards
- Continual improvement and monitoring
- Current research





Results

- Commitment from staff
- Tentative indication of positive results for children and families
- Highlighted as Best Practice – Early Years Framework
- HMle - *How Well are Children Protected and their Needs Met?*
- ‘Shared language’ apparent at case discussions





Way Forward

- Rickter Scale
- Measure impact for partners
- Measuring outcomes for children and families
- Roll out of training programme
- Supporting staff
- Sustainability





Why It's Important!

- Infant brain research
- Tackling the roots of violence (Wave Trust 2005)
- Economic investment (Work Foundation 2007)
- Building parenting capacity (Early Years Framework 2008)
- What Scottish parents tell us (PAS 2010)





Contact details

- **Solihull Approach Office**
- **Address:** Vaillant Building, Dunster Road, Chelmsley Wood, Birmingham. B37 7UU
- **Tel:** 0121 788 4719
- **Email:** solihullapproach@solihull-ct.nhs.uk
- **Website:** www.solihull.nhs.uk/solihullapproach



Contact details

- **Kathleen Winter**
- Public Health Practitioner (Child Health)
- Kathleen.winter@aapct.scot.nhs.uk
- 01563 551529
- **Janie Allen**
- Principal Officer (Early Education and Childcare)
- janie.allen@east-ayrshire.gov.uk
- 01563 578125



Questions?

- How did you feel?
- A young homeless mother presents to a service in your area
- How would you work together to ensure best outcomes?