

Supporting young first time parents: Partnership and Early Intervention

Shirley Mitchell: Programme Manager,
First Steps Programme, NHS Lanarkshire

Alison Ritchie: Childrens Service Manager,
You First Programme, Barnardo's Scotland

Background

- Community Regeneration Partnership
- Focus on Early Years/Early intervention
- Funding from Fairer Scotland Fund
- Policy and research
- Outcome focused
- Enhancing mainstream activity

Aim

The First Steps Programme aims to secure the best possible start in life for vulnerable first time mothers and their babies living in the regeneration areas of South Lanarkshire

Criteria

Outcomes

Health Improvement
Parenting



You First Programme



The Process:



CONTACT

ASSESSMENT

PROGRAMME

DELIVERY

TRANSITION

What do we have in common?

Criteria	Approach	Design	Value
<p>1st time parents</p> <p>Under 25/21</p> <p>15% most deprived areas (SIMD, 2009)</p> <p>Barnardo's Registered Charity Nos. 216250 and SC037605</p>	<p>Activity Based</p> <p>Flexible</p> <p>Negotiated</p> <p>Contact as required</p> <p>Use of incentives</p>	<p>Person centred</p> <p>Refer on to appropriate services</p> <p>Transition & Action Planning</p> <p>Free to users</p> <p>Non-discriminatory</p> <p>Positive Modelling</p> <p>Evaluation-Outcome based</p>	<p>Cost Effective</p> <p>Spending to save</p> <p>Value for Money</p>

**What challenges have YOU faced in your
work with young parents and how have
you overcome these?**