

*Its Relationships,  
That's All,  
Relationships*

*Parenting Across Scotland*

*Dundee*

*12 March 2015*



# Connected





“We cannot live only for ourselves. A thousand fibers connect us with our fellow men; and among those fibers, as sympathetic threads, our actions run as causes, and they come back to us as effects.”

Herman Melville



# Job Description – Person Spec

## Professional

- ❖ Decisive
- ❖ Industrious
- ❖ Reliable
- ❖ Analytical
- ❖ Literate
- ❖ Experienced
- ❖ Knowledge

## Human

- ❖ Caring
- ❖ Forgiving
- ❖ Optimistic
- ❖ Nurturing
- ❖ Tolerant
- ❖ Empathetic
- ❖ Compassionate



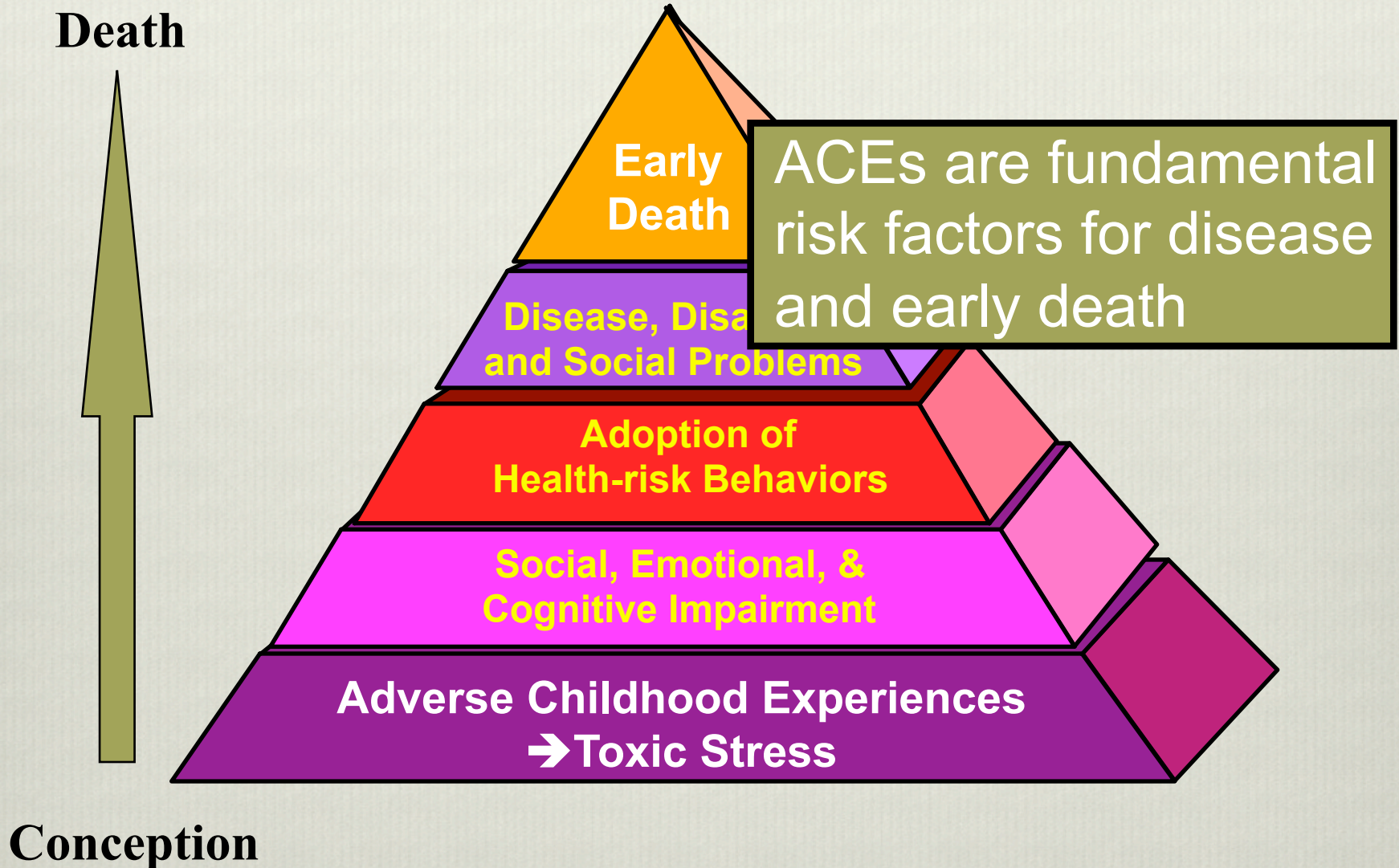
“There can be no keener revelation  
of a society’s soul than the way in  
which it treats it’s children”



Nelson Mandela



# Consequences: long-term





# Sense of Coherence

- Your world is structured, predictable and explicable
- You have the internal resources to meet the demands
- The demands are seen as challenges worthy of investment and engagement



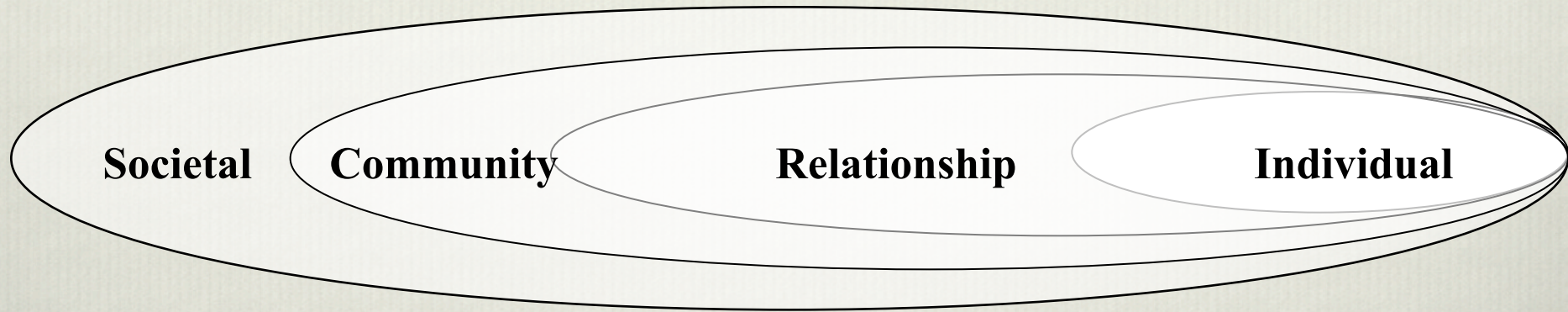
# For the creation of health....

....the social and physical environment must be:

- Comprehensible
- Manageable
- Meaningful
- .....or the individual would experience chronic stress



# Ecological Model = The Frame



**Societal**

**Community**

**Relationship**

**Individual**

- Lack of punishment for precursor offences – knife carrying
- Lack of visible swift justice
- Links to deprivation
- Scottishness
- Inequality**

- Cultural norms
- Legitimisation of violence
- Access to and use of alcohol
- Lack of aspiration
- Dependency

## •**Tolerance**

## •**Parenting**

- Lack of knowledge
- Friends that engage in violence
- Prevalence of gang culture
- Violent families – siblings/parents
- Lack of significant adults/positive role model

- Lack of communication skills
- Poor behavioural control
- Impulsiveness
- Aggressive behaviour
- Lack of skills to deal with conflict
- Inability to judge risk
- Lack of life “skills”**
- Exclusion from Services/Schools
- Nutrition Diet Health
- Alcohol
- Lack of employment opportunities

As it relates to violence



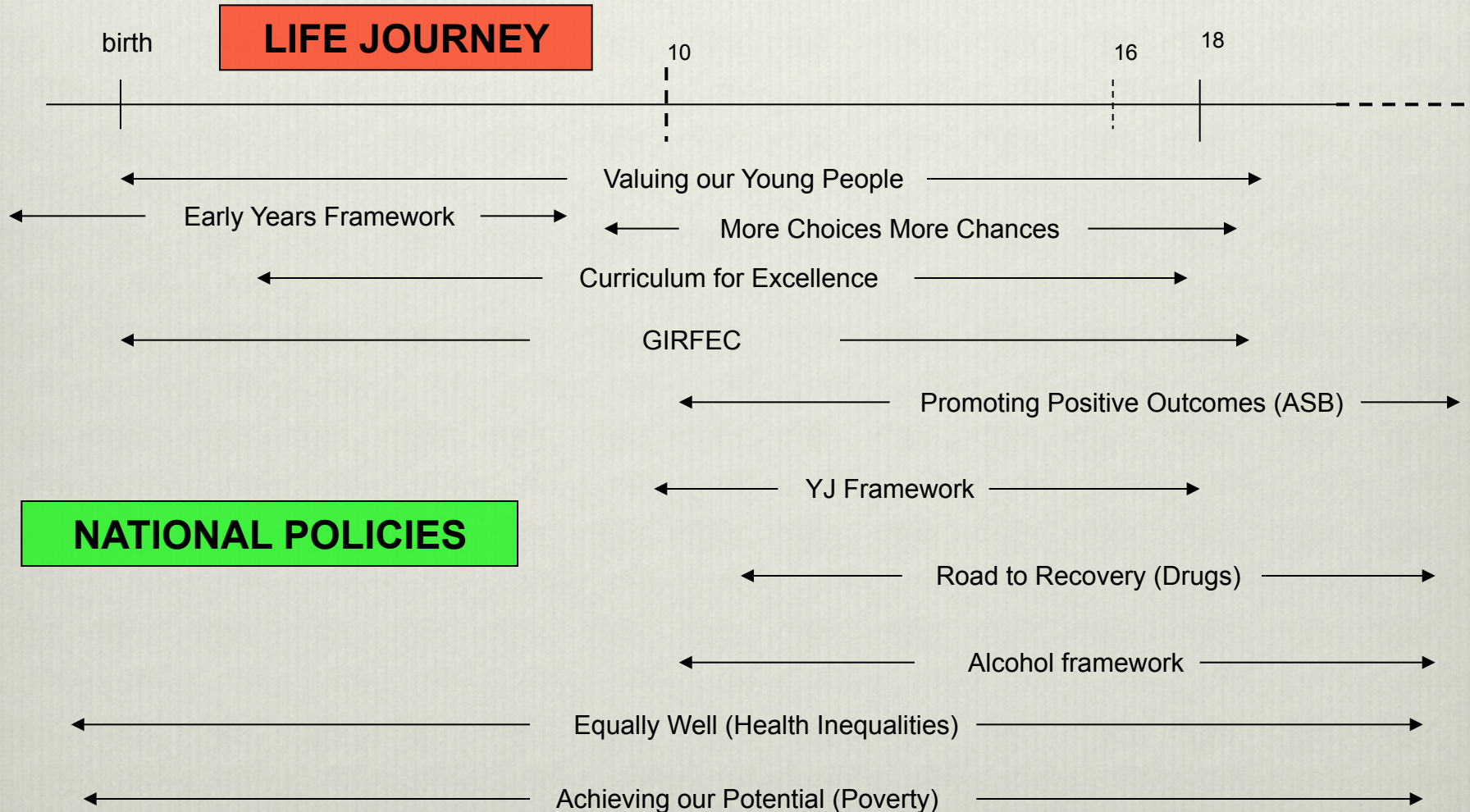
Purpose

Government Economic Strategy

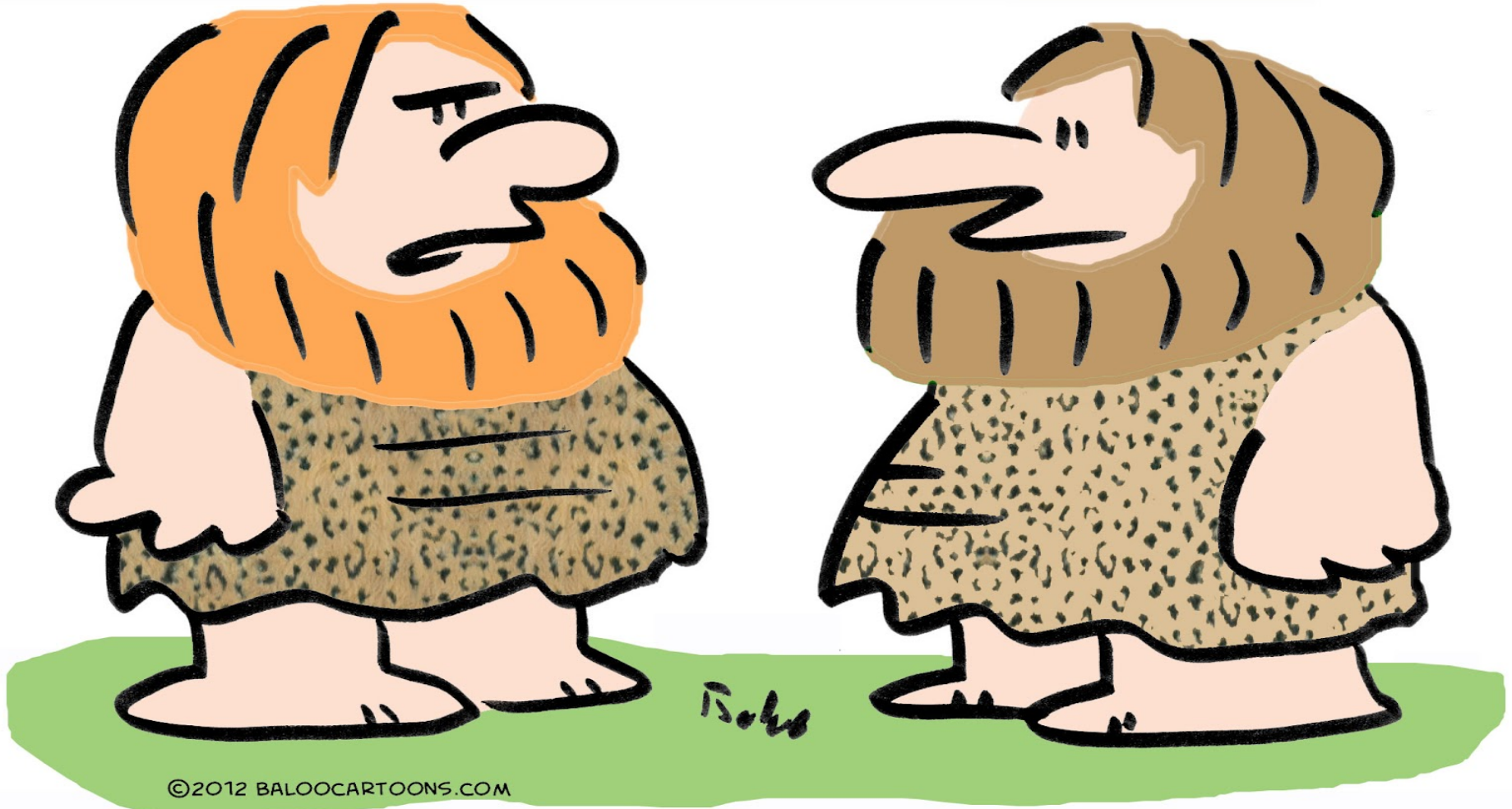
National Outcomes

SOAs

**NATIONAL PERFORMANCE**







"'Empathy'? — that doesn't  
sound very *adaptive*!"



“Operating within a  
bureaucratic hierarchy we  
effortlessly become less than we  
should be and little by little  
betray the potential of our  
humanity.”



A word cloud centered around the word "parenting". The word "parenting" is the largest and most prominent, written in a dark brown, serif font. Surrounding it are various other words in different sizes, colors (including shades of brown, green, and gold), and orientations. The words include: "love" (large, green, horizontal), "advice" (large, gold, horizontal), "discipline" (vertical, gold, top left), "laughter" (horizontal, green, top left), "fun" (horizontal, gold, top center), "responsibility" (vertical, gold, top right), "pain" (vertical, dark brown, top right), "decisions" (horizontal, green, middle), "patience" (horizontal, dark brown, bottom left), "joy" (horizontal, dark brown, bottom left), "struggle" (horizontal, dark brown, bottom left), "choices" (vertical, dark brown, bottom center), and "exhaustion" (horizontal, dark brown, bottom right).

parenting

love

advice

discipline

laughter

fun

responsibility

pain

decisions

patience

joy

struggle

choices

exhaustion



“Its easier to build strong  
children than repair  
broken men”



**We cannot prepare our  
children for everything  
but we can help them to  
be ready for anything.**



“An infinitely large  
number of  
infinitesimally small  
actions”



# The Context





“Trust yourself. You know more than you think you do.”



**“You may not always be  
able to touch the  
difference you make,  
but you’ll feel it.”**

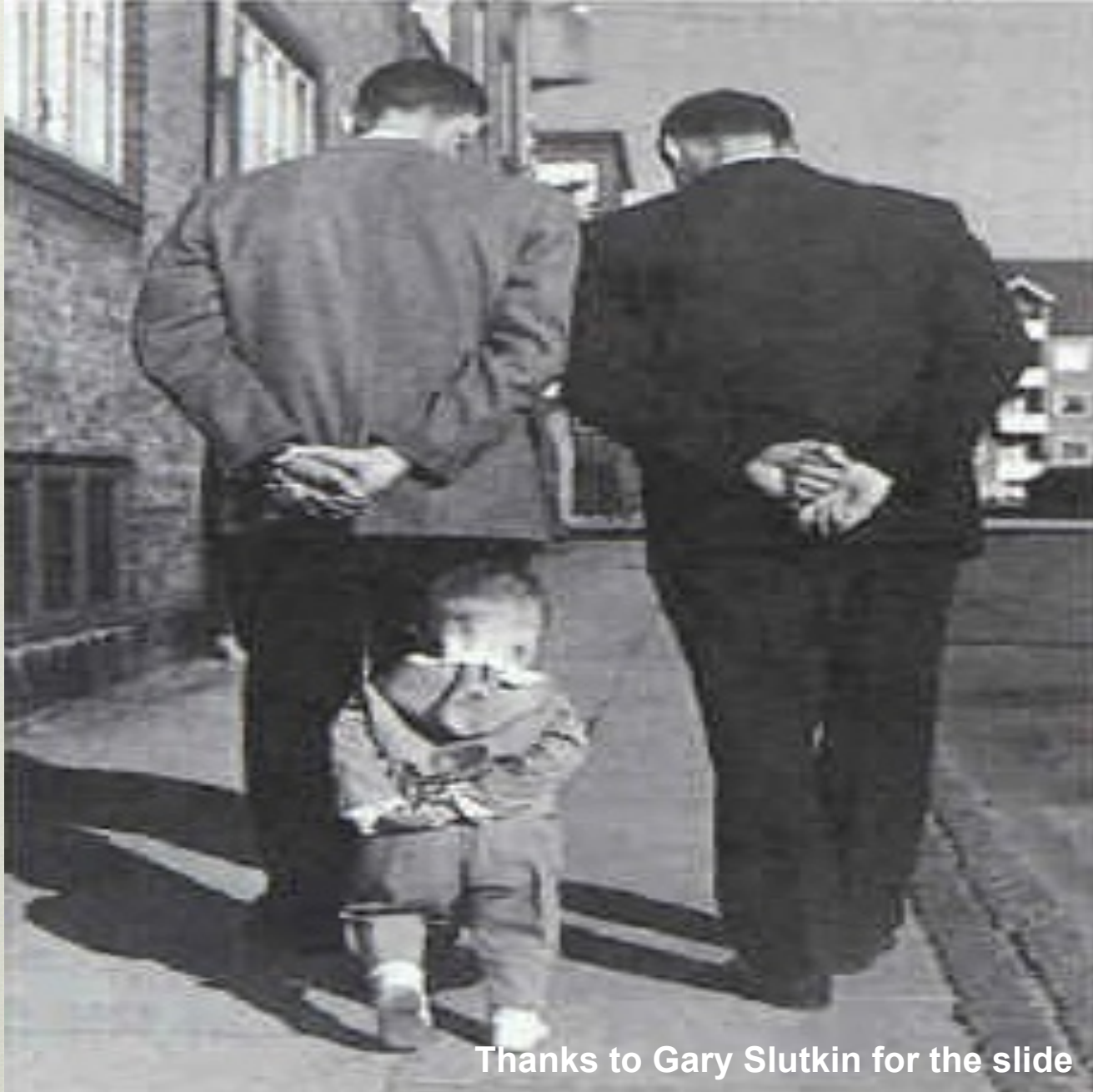


Hope

CHANGES EVERYTHING

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‘responding  
differently’

Thanks to Gary Slutkin for the slide





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differently’**